

HOLY EUCHARIST CATHOLIC COMMUNITY

WE ARE A SUPPORTIVE, FAITH FILLED COMMUNITY THAT WELCOMES ALL PEOPLE. THROUGH OUR BAPTISMAL CALL TO STEWARDSHIP WE BUILD UP THE BODY OF CHRIST AS WE PRAY, WORSHIP, CELEBRATE AND REACH OUT IN SERVICE TO OTHERS.

Fr. Derek Hughes

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Maura Motta

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Equipo de Confirmación

Elizabeth Walsh

Director of Music, Directora de música

Leticia Enriquez

Custodian, Guardián

Jose Rufino

Maintenance, Mantenimiento

THE MOST HOLY BODY AND BLOOD OF CHRIST JUNE 6 & 7, 2026

*I am the living bread that came down from heaven, says the Lord;
whoever eats this bread will live forever.*

John 6:51



SANTÍSIMO CUERPO Y SANGRE DE CRISTO 6 Y 7 DE JUNIO, 2026

*Yo soy el pan vivo bajado del cielo, dice el Señor;
el que coma de este pan vivirá para siempre.*

Juan 6:51

Mass Schedule/Horario de Misas

Thursday/Jueves 9:00 am Spanish/Español

Friday/Viernes 9:00 am English/Inglés

Saturday/Sábado 4:00 pm English/Inglés

Sunday, Domingo 8:00 am & 10:00 am English, 12:00 pm Español

Holy Days (as scheduled in bulletin)

Días Festivos (según lo programado en el boletín)

Sacraments/Sacramentos

Please call the Parish Office at 722-5490 to make an appointment. Por favor llame la Oficina al 722-5490 para hacer una cita.

Reconciliation Services-By request, before and after Mass

Servicios de Reconciliación-Solamente por petición, antes y después de la Misa

Sacrament of Baptism-Parents and God Parents are required to attend one session of preparation in advance of infant baptism.

Sacramento de Bautizo-Padres y Padrinos se les requiere que atiendan una sesión antes del bautismo del infante.

Sacrament of Marriage

Bride & Groom must begin premarital preparation six months prior to date.

Sacramento de Matrimonio

Novios deberán comenzar una preparación prematrimonial seis meses antes de la fecha de la boda.

527 Corralitos Road, Corralitos, California 95076 (831) 722-5490 FAX (831) 722-5421

Email: office.holyeucharistca@yahoo.com Website: www.HolyEucharistCA.com

Office Hours: Tuesday – Thursday 9:30 am to 4:30 pm, Friday 9:30 am-3:30 pm

Horas de Oficina: Martes – Jueves 9:30 am – 4:30 pm, Viernes 9:30 am-3:30 pm



A Day We Celebrate as the Body of Christ

On the weekend of June 6 and 7, Catholics in the United States celebrate the Solemnity of the Most Holy Body and Blood of Christ. We used to call it the Feast of Corpus Christi ("Body of Christ"), a feast that celebrates Jesus' gift of himself in the Eucharist. The feast originated in France in the mid-thirteenth century and was extended to the whole Church by Pope Urban IV in 1264. In much of the world, it is celebrated on the Thursday following the Solemnity of the Most Holy Trinity. In the United States it is celebrated on the Sunday following Trinity Sunday. There are two major themes to this feast: the Body of Christ that is the Holy Eucharist and the Body of Christ that is our communion of faith, the Church. The Church is called the Body of Christ because of the intimate communion which Jesus shares with us, his disciples. It is expressed in the New Testament by using the metaphor of a body in which Christ Jesus is the head. This image helps keep in focus both the unity and the rich diversity of our family of faith. When we gather for the Liturgy of the Eucharist, we become one with Christ, transformed by his loving gift. We become one with Christ in the person we may not know sitting next to us in the pew; in the crowds walking in Eucharistic processions in other parishes throughout the world: mass goers who are threatened by violence in their place of worship; in the young students getting ready for World Youth Day; and in the Peruvian children receiving Holy Communion for the first time, singing "Somos el Cuerpo de Cristo"/"We Are the Body of Christ." The feast encourages us to embrace the Eucharistic reality that although we may be strangers sharing the one Lord's table wherever we are, we are one, just as the many grains of wheat make up one loaf of bread, and the many grapes make up the shared wine in the Lord's cup of blessing. There should be a genuine connection between what we do in the Eucharistic celebration and the attitudes we embrace and the actions we take in our public and private lives. In the Eucharist, Christ has given us a share of God's mercy and hospitality. Let us pray that God will show us the way to unity through our devotion to Christ in the Eucharist so that we can offer a more genuinely compelling and fruitful witness to a world in need of God's love and compassion.



**Enchilada Sale
Sunday, June 7th
after all Masses!**

**Venta de Enchiladas
Domingo, 7 de Junio despues
todas las Misas!**

Solemnity of the Most Holy Body and Blood of Christ

Among the compelling Eucharistic themes proclaimed in today's readings is the notion of "participation" as found in Saint Paul's letter to the Corinthians. Good stewards are part of a Eucharistic family: loving, welcoming, serving. An important part of living as a steward comes about in the many ways we can participate in the life of the Church. No matter how much time we have to give, no matter what our skills or interests, no matter what our level of commitment, there is a way to participate as a good steward to enrich our lives and the lives of others to build up the Body of Christ. How do you participate in the life of your parish?

Solemnidad del Santísimo Cuerpo y Sangre de Cristo

Entre los vitales temas Eucarísticos proclamados en las lecturas de hoy, está la noción de "participación" como la encontrada en la carta de San Pablo a los Corintios. Los buenos corresponsables son parte de la familia Eucarística: amorosos, acogedores, serviciales. Una parte importante de vivir como corresponsable proviene de las muchas maneras en las que podemos participar en la vida de la Iglesia. Sin importar cuánto tiempo tenemos para dar, sin importar nuestras habilidades o intereses, sin importar cuál es nuestro nivel de compromiso, hay una manera de participar como buen corresponsable para enriquecer nuestras vidas, y construir el Cuerpo de Cristo. ¿Cómo participa usted en la vida de su parroquia?

Important Dates

June 7-Enchilada Sale

July 26-Fiesta Mexicana

September 27-WineTasting and Auction

October 24-Maker's Festival



Fechas Importantes

7 de Junio-Venta de Enchiladas

26 de Julio-Fiesta Mexicana

27 de Septiembre-Cata y Subasta Anual

24 de Octubre-Festival de Artesanias



**Happy Anniversary Father Derek!
Father Derek is celebrating the 40th
Anniversary of his ordination to the
Priesthood.**

**¡Feliz aniversario, padre Derek!
Padre Derek está celebrando el 40º
aniversario de su ordenación
sacerdotal.**

Mass Schedule & Readings

Saturday, June 6

4:00 pm Mass (Fr. Derek Hughes) (English)
For the Special Intention of Leticia Flores-McPherson (HE)
For the Special Intention of Paul Coty

Sunday, June 7

The Most Holy Body and Blood of Christ

8:00 am Mass (Fr. Derek Hughes) (English)
+Lynn Eaton (Kelly Cadiente)
For the Birthday of Rebecca Mejia (Oscar & Letty Mejia)
For the Special Intention of Nancy Ortiz (Diana Ponce)

10:00 am Mass (Fr. Derek Hughes) (English)
+Alfredo Madrigal (Angie Madrigal)

For the Intentions of the Members of YLI
For the Special Intention of Paul Coty

12:00 pm Mass (Fr. Derek Hughes) (Spanish)
For the People of Holy Eucharist

R: Deuteronomy 8:2-3; 14b-16a; 1 Corinthians 10:16-17;
John 6:51-58

Monday, June 8

R: 1 Kings 17:1-6; Matthew 5:1-12

Tuesday, June 9

R: 1 Kings 17:7-16; Matthew 5:13-16

Wednesday, June 10

R: 1 Kings 18:20-39; Matthew 5:17-19

Thursday, June 11

Saint Barnabas, Apostle (Memorial)

9:00 am Mass (Fr. Derek Hughes) (Spanish)
R: Acts of the Apostles 11:21b-26; 13:1-3; Matthew 5:20-26

Friday, June 12

The Most Sacred Heart of Jesus

9:00 am Mass (Fr. Derek Hughes) (English)
R: Deuteronomy 7:6-11; 1 John 4:7-16; Matthew 11:25-30

Saturday, June 13

4:00 pm Mass (Fr. Derek Hughes) (English)
For the People of Holy Eucharist

Sunday, June 14

11th Sunday in Ordinary Time

8:00 am Mass (Fr. Derek Hughes) (English)
+Alfredo Madrigal (Angie Madrigal)
+Mimi Crumpton (The Cadiente Family)
For the Birthday of Kelly Cadiente (Oscar & Letty Mejia)

10:00 am Mass (Fr. Derek Hughes) (English)
For the Special Intention of Leticia Flores-McPherson (HE)

12:00 pm Mass (Fr. Derek Hughes) (Spanish)

+Apolinaria Silva Aguilar (Rufina Arias)
+Joseph Granados (Tania Cardenas)
+Zenaido Gallardo (Manuel Gallardo)
+Antonia Marquez (Manuel Gallardo)
+Felicitas & Nena Gallardo (Manuel Gallardo)
+Roberto Salguero (Lupe Ortiz)
+Roman Ortiz

For the Special Intention of Isaac Murillo Jimenez (Family)

R: Exodus 19:2-6a; Romans 5:6-11; Matthew 9:36-10:8

Horarios & Lecturas de la Misa

Sábado, 6 de Junio

4:00 pm Misa (Fr. Derek Hughes) (Inglés)
Intención Especial de Leticia Flores-McPherson (HE)
Intención Especial de Paul Coty

Domingo, 7 de Junio

Santísimo Cuerpo y Sangre de Cristo

8:00 am Misa (Fr. Derek Hughes) (Inglés)
+Lynn Eaton (Holy Eucharist)
Para el Cumpleaños de Rebecca Mejia (Oscar y Letty Mejia)
Intención Especial de Nancy Ortiz (Diana Ponce)

10:00 am Misa (Fr. Derek Hughes) (Inglés)
+Alfredo Madrigal (Angie Madrigal)

Para las Intenciones de los Miembros de YLI
Intención Especial de Paul Coty

12:00 pm Misa (Fr. Derek Hughes) (Español)
Feligreses de la Parroquia

L: Deuteronomio 8:2-3, 14-16; 1 Corintios 10:16-17;
Juan 6:51-58

Lunes, 8 de Junio

L: 1 Reyes 17:1-6; Mateo 5:1-12

Martes, 9 de Junio

L: 1 Reyes 17:7-16; Mateo 5:13-16

Miércoles, 10 de Junio

L: 1 Reyes 18:20-39; Mateo 5:17-19

Jueves, 11 de Junio

San Bernabé, Apóstol (Memoria)

9:00 am Misa (Fr. Derek Hughes) (Español)
L: Hechos 11:21-26; 13:1-3; Mateo 5:20-26

Viernes, 12 de Junio

Sagrado Corazón de Jesús

9:00 am Misa (Fr. Derek Hughes) (Inglés)
L: Deuteronomio 7:6-11; 1 Juan 4:7-16; Mateo 11:25-30

Sábado, 13 de Junio

4:00 pm Misa (Fr. Derek Hughes) (Inglés)
Feligreses de la Parroquia

Domingo, 14 de Junio

XI Domingo del Tiempo Ordinario

8:00 am Misa (Fr. Derek Hughes) (Inglés)
+Alfredo Madrigal (Angie Madrigal)
+Mimi Crumpton (La Familia Cadiente)
Para el Cumpleaños de Kelly Cadiente (Oscar y Letty Mejia)

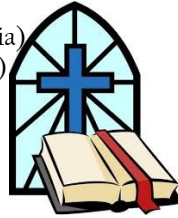
10:00 am Misa (Fr. Derek Hughes) (Inglés)
Intención Especial de Leticia Flores-McPherson (HE)

12:00 pm Misa (Fr. Derek Hughes) (Español)

+Apolinaria Silva Aguilar (Rufina Arias)
+Joseph Granados (Tania Cardenas)
+Zenaido Gallardo (Manuel Gallardo)
+Antonia Marquez (Manuel Gallardo)
+Felicitas & Nena Gallardo (Manuel Gallardo)
+Roberto Salguero (Lupe Ortiz)
+Roman Ortiz

Intención Especial de Isaac Murillo Jimenez (La Familia)

L: Éxodo 19:2-6; Romanos 5:6-11; Mateo 9:36-10:8





Fiesta Mexicana –July 26, 2026

Enjoy a Family day with music, food, drinks and games for the children. There will be Mariachi and Folkloric Dancers for entertainment. Later in the day we will have karaoke and dancing.

Come and enjoy a variety of Mexican entrées: tacos, enchiladas, corundas, popusas and quesabirrias. There will also be beer, tequila, soda, aqua frescas, water and desserts. The fun starts at 1:30 pm!

**Mark your calendars!
See you there!**



Fiesta Mexicana-26 de Julio, 2026

Disfrute de un día de familia con musica, comida, bebidas y juegos para los niños. Habrá mariachis y bailes folclóricos para el entretenimiento. Más tarde, tendremos karaoke y baile. Venga y disfrute tacos, enchiladas, corundas, popusas y quesabirrias. También habrá cerveza, tequila, sodas, aqua frescas, agua y postres.

La Fiesta empieza a la 1:30 pm!
**¡Por favor marquen sus calendarios!
¡Aquí nos vemos!**

FEED THE HUNGRY

**Team #5 is hosting this Monday
Salvation Army-Watsonville, CA**

Food for the hungry is provided each Monday evening. You can contribute to this program by leaving a monetary contribution in the brown wooden on the offering table.

Meals served last week:
June 1, 2026—80 Total Meals

Thank you to all that contribute to this ministry.



Programa Dar Comer al Hambriento

**El equipo #5 estará sirviendo este Lunes.
Salvation Army- Watsonville, CA**

Todos los lunes por la noche se sirve comida caliente para las personas que tienen hambre. Usted puede contribuir al programa dejando su contribución monetaria en la caja de madera marrón sobre la mesa de ofrendas.

Comidas Servidas la semana pasada:
1° de Junio, 2026—80 Alimentos Totales
Gracias a todos los que contribuyen a este ministerio.

Faith Formation

Have you or your children received all their Sacraments?

Do your children know about God, the Church, the Bible, Mary and the Saints?

Religious Education for grades 2-8

Classes begin in September and take place on Tuesdays for 1st Year Students, and Thursdays for 2nd Year students, 4:30-5:30 pm

High School Confirmation

Classes begin in September and are held on Sundays, 10:00 am-1:00 pm
(All classes begin with the 10:00 am Mass)



Unconfirmed Adults

If you are an unconfirmed adult, young or old, male or female, you are invited to participate in an opportunity to complete your initiation and become a full fledged Catholic Christian in our parish.

Registrations for all Faith Formation Classes are after Masses June 7th & 14th.

If you need more information, please call the office, 722-5490.

Formación de Fé

Tus hijos han recibido todos sus Sacramentos?
Conocen a Dios, la Iglesia, la Biblia, María y los Santos?

Educación Religiosa para grados 2-8

Las clases comienzan en Septiembre y son los martes para estudiantes de primer año, y jueves para estudiantes de segundo año, 4:30-5:30 pm

Confirmación para High School

Clases comienzan en Septiembre y son los Domingos 10:00 am-1:00 pm
(Todos las clases comienzan con la Misa 10:00 am)

Adultos sin Confirmar

Si usted es un adulto sin confirmar, joven o viejo, hombre o mujer, se le invita a participar en la oportunidad de completar su iniciación Cristiana en nuestra parroquia.

Las inscripciones para todas las clases de Formación de Fe seran en el 7 y 14 de Junio.

Para obtener más información, llame a la oficina al 722-5490.

The Parish Library is open during office hours, Tuesday-Friday 9:30 am-3:30 pm, and after Masses on Sundays. We offer a variety of topics. There is a self-check out box near the door. See instructions posted above the box.

Dear Heavenly Father,
As we dedicate this month of June to the
Sacred Heart of Jesus,
we ask you to grant to us compassionate hearts;
hearts rich with your love,
embraced by your compassion.
Grant us generous hearts:
hearts that never count the cost;
hearts that seek to serve and not be served.
Grant us hearts that love peace:
hearts that promote truth and justice,
transform hatred and anger,
and seek unity and reconciliation.
Grant us hearts of a steward:
hearts that are filled with gratitude, eager to share,
and long to give back to you.
Grant us hearts filled with your Spirit:
hearts open to conversion, filled with hope,
and on fire with your Word.
We pray this in Jesus' name.
Amen



Amado Padre Celestial,
Al dedicar este mes de junio al Sagrado Corazón de Jesús,
te pedimos que nos concedas,
corazones compasivos;
corazones ricos en tu amor, acogidos por tu compasión.
Concédenos corazones generosos:
corazones que nunca cuenten el costo;
corazones que busquen servir y no ser servidos.
Concédenos corazones que amen la paz:
corazones que promuevan la Verdad y la justicia,
transformen el odio y la ira,
y busquen unidad y reconciliación.
Concédenos corazones corresponsables:
corazones llenos de gratitud, ansiosos por compartir,
y deseen devolvete.
Concédenos corazones llenos de tu Espíritu:
corazones abiertos al diálogo,
llenos de esperanza,
y encendidos con tu Palabra.
Te pedimos esto en el nombre de Jesús.
Amén

Thank you to all of the many **VOLUNTEERS** who give their best (each one in their own area of service) in order to make our parish a vibrant community. We appreciate all of your time and effort. We all benefit greatly from your dedication.

Thank you!

Gracias a todos los **VOLUNTARIOS** que dan lo mejor de sí (cada uno en su propia área de servicio) con el fin de hacer de nuestra parroquia una comunidad vibrante. Apreciamos todo su tiempo y esfuerzo. Todos nos beneficiamos enormemente de su dedicación.

¡Gracias!

Congratulations to all of the **2026 Graduates** in our parish family. Blessings and prayers on your graduation and for your future.



Felicitaciones a todos los **graduados de 2026** en nuestra familia parroquial. Bendiciones y oraciones en tu graduación y por tu futuro.

The Wine Tasting/Auction Team needs your help! We are looking for a few more people to join the team. The Wine Tasting and Auction is our biggest fund raiser. It takes many of us to make it a success-there are many parts to our team-kitchen help, set-up, clean-up, ticket sales, event check-in, live auction runners, live auction scribe, silent auction patrollers, etc. We are having a meeting June 6th at 3 pm in the classrooms. We would love to have you join us. Everyone is welcome. Hope to see you there!

¡El equipo de la Cata de Vinos y Subasta necesita tu ayuda! Buscamos a algunas personas más para unirse al equipo. La Cata de Vinos y Subasta es nuestro evento de recaudación de fondos más importante. Necesitamos a muchos de ustedes para lograr que sea un éxito; nuestro equipo abarca muchas áreas: ayuda en la cocina, montaje, limpieza, venta de entradas, registro de asistentes, asistentes de la subasta en vivo, encargado de actas de la subasta, supervisores de la subasta silenciosa, etc. Tendremos una reunión el 6 de junio a las 3:00 pm en los salones. Nos encantaría que te unieras a nosotros.

Remember that each one of us have gifts that were given us by God. Please prayerfully consider your gifts and how you are being called to use them. We are in need of Eucharistic Ministers, Greeters, Scrip sellers, Lectors, and Donut Ministers, at **4 pm, 8 am and 10 am Masses**. Each of these ministries are very special ways to become more active in, and to help nourish our Parish Community.

There is training available and scheduling is done around your needs.

We need your help. It's never too late to try something new!

Please call the office if you would like more information.

Parish Calendar

Monday, June 8

Office Closed

Salvation Army -Team #5 4:15 pm

Tuesday, June 9

10:30 am Rosary Group

Wednesday, June 10

10:00 am Bible Study-English

7:00 pm Bible Study-Spanish

Thursday, June 11

9:00m am Mass-Spanish

4:00 pm First Confessions

Friday, June 12

9:00 am Mass-English

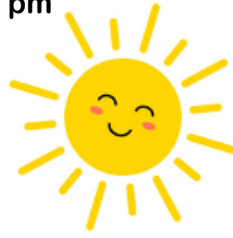
9:30 am-3:30 pm Office Hours

Saturday, June 13

11:00 am First Communion Mass-Spanish

2:00 pm English Baptisms

4:00 pm Mass-English



Calendario Parroquial

Lunes, 8 de Junio

Oficina Cerrada

Salvation Army - Equipo #5 4:15 pm

Martes, 9 de Junio

10:30 am Grupo de Rosario

Miércoles, 10 de Junio

10:00 am Estudio de Biblia-Inglés

7:00 pm Estudio de Biblia-Español

Jueves, 11 de Junio

9:00 am Misa-Español

4:00 pm 1° Confesiones

Viernes, 12 de Junio

9:00 am Misa-Inglés

9:30 am-3:30 pm Horas de Oficina

Sabado, 13 de Junio

11:00 am Misa de 1° Comunion-Español

2:00 pm Bautismo Inglés

4:00 pm Misa-Inglés

Stewardship of Treasure

Plate Collections May 30 & 31, 2026

Plate Collection & Mail in Donations	\$2,834.60
Electronic Donations (Plate only)	\$ 280.18
Total	\$3,114.78
Weekly Plate Collection Budgeted (needed)	\$3,860.17
Shortage	-\$ 745.39

Reporte de Finanzas de Corresponsabilidad

Colecta de la Limosna 30 y 31 de Mayo, 2026

Misas de fin de Semana	\$2,834.60
Donaciones Electrónicas	\$ 280.18
Total	\$3,114.78
Colecta de la limosna semanal Presupuesto (necesario)	\$3,860.17
El Déficit	-\$ 745.39

Annual Ministries Appeal 2026

Collection to date is \$19,320.00

from 44 Households

Thank you for your continued support.

Project: to install an all-weather permanent shelter over the patio area. Donation envelopes are available in the foyer.



Colecta Anual de Ministerios 2026

Colecta Actual es \$19,320.00

de 44 Familias

Gracias por su continuo apoyo.

Proyecto: instalar un techo permanente, apto para todo tipo de clima, sobre el área del patio. Los sobres para donaciones están disponibles en el vestíbulo.

Toda donación es necesaria y agradecida.

Second Collections

June 6 & 7-Parish Development

Segunda Colecta

6 y 7 de Junio-Desarrollo Parroquial

May our Prayers be a comfort to our parish family.

Que nuestras oraciones sean un consuelo para las familias de nuestra parroquia.

Sergio Abarca, Dana Alaga, Mabel Alameda, Wanda Allee, Mary Ellen Ambriz, Virginia Anderson, Jane Ango, Leonardo Arias, Richie Avalos, Camille Baxter, George Boero, Ken Brodkey, Tony & Vickie Cadiante, Ana & Jose Cahue, Karen Campbell, Laurie Chapman, Gretchen Coffey, Coco Conklin, Teri Corman, Greg Cornell, Aileen Correa, Trish Cronin, Mary Cross, Elizabeth Dailey, Roberta Dallimonti, Diane DeLisle, Lori Dewitt, The Dias Family, The Diaz Family, Jessica Dixon, Joseph Bradley Diaz, Marilyn Fanucci, The Faria Family, Maria Flores, Patty Galvan, Catalina Garcia, Ed & Pat Golditch, Jasmine Gomez, Maria Cuqui Gonzalez, Donna Harlan, Fr. Derek Hughes, Barry Jennings, Larry Jennings, Daniel Johnston, Robin Jozovich, Robin Karr, Susie Kehoe, Nancy Kirk, The Landacre Family, June Landacre, Joanne Landa, The Landis Family, Anabella Grace Legare, Terry Locke-Paddon, Connor Lopez, Chris Luffman, Juana Magdaleno, Ken & Romba Maitoza, Alfredo Marquez, Angelica Marquez, Lorena Marquez, Maru Marquez, Alfredo Madrigal, Raiden Martinez, Susie Martinez, Rose Marie McNair, Rebeka Medina, Emma Morales, Rosie Morales, Luis & Maura Motta, Theresa Oroasco, Daniela Ortiz, Michael Ortiz, Lucinda Pappani, Jane Patricio, Aidan Patterson, The Pezzini Family, Steve Podulke, Caroline Policicchio, Oliver Potts, Maria Quintana, Luis Ramirez, Adrian Renteria, Elaine Ribeiro, Mary Ringrose, Joel Rivera, Elis Rojas, Serafin Lopez Rojas, Kathie Skov Rossi, Jose Rufino, Johnny & Yoli Salgado, Baby Samuel, Robert Schuster, Sandra Silva, Ed Smith, Tom Stickel, Barbara Stringari, Julio Cesar Tena, Pedro (Elyer) Torres, The Valdivia Family, Genoveva Vázquez, Arturo Villalobos, Paul Vitali, Laura Wallenstein, Betsy Walsh, Dan & Kateri Walsh, Andy Wiley and Jim Wood.



One Minute Meditations

St. Paulinus of Nola

St. Paulinus came from a wealthy Roman family, was a well-educated, renowned lawyer, and married into Spanish nobility. Everything changed with the death of his newborn son. St. Paulinus asked for Baptism then he and his wife sold their property and moved to Nola, Italy, where they devoted themselves to austerity and charitable works. St. Paulinus (by popular demand) became Bishop of Nola, governing wisely and generously. He died in 431, leaving behind many treatises, letters, and poems.

The love of the Sacred Heart

"The tender heart of God thought upon [you], loved [you], and procured for [you] a thousand means of salvation, as though there had been no other soul in the world... As the sun shines upon one place of the earth and enlightens it no less than if it shined on no other, so too has our Lord thought of and cared for all his dear children, as though his attention were wholly and entirely focused upon each of them." St. Francis de Sales

"It is no longer I who live, but Christ who lives in me; and the life I now live in the flesh I live by faith in the Son of God, who loved me and gave himself for me" (Galatian 2:20).

The Beatitudes: Christ's vision for the human heart

In the Sermon on the Mount, Jesus revealed the attitudes, priorities, and way of loving that shaped His life. These became the Beatitudes: interior dispositions that open our hearts to His grace. As we cooperate with that grace, our hearts are transformed to become more like His.

Poor in spirit: The poor in spirit recognize that heavenly treasures — peace, grace, love, friendship, and eternal life — matter far more than worldly success or possessions.

Mourning: Rather than distracting ourselves from pain, loneliness, or disappointment, we bring our wounded hearts honestly to God. Healing begins when we allow Him to comfort us.

Meek: Meekness is not weakness, but strength rooted in self-control and trust in God. When our security rests in God, we are less ruled by fear, anger, or the need to control everything around us.

Hungry and thirsty for righteousness: This is a deep longing to live in

friendship with God and to grow in holiness each day.

Merciful: God loves us with tender, generous, and selfless love, and He calls us to extend that same mercy to others.

Pure in heart: Purity of heart means

"Put on then, as God's chosen ones, holy and beloved, compassion, kindness, lowliness, meekness, and patience, forbearing one another" (Colossians 3:12)

valuing what is true, holy, and good, while striving to live with sincerity and integrity.

Peacemaking: Peacemakers bring calm, clarity, and reconciliation to difficult situations. True peace comes when God is placed first.

Willing to suffer for Christ: Following Christ will sometimes bring opposition. Yet Jesus promises that those who persevere with courage and trust *"will have a great reward in heaven"* (Matthew 5:12).

Why Do Catholics Do That?

Why does the Church need cardinals?

Cardinals are part of the governing structure of the Church and are best known for electing a new Pope during a conclave. They are bishops specially chosen — or "created" — by the Pope for this important role. Traditionally, cardinals were selected only from the clergy of Rome. Today, because the Church is worldwide, cardinals are

chosen from dioceses across the globe. To preserve their historic connection to Rome, each cardinal is still assigned a titular Roman church. Cardinals wear scarlet vestments, including the red skullcap and biretta, symbolizing their willingness to defend and spread the Faith, even to the shedding of their blood.

Hope changes everything

Hope helps us desire Heaven and trust in God's promises. The *Catechism of the Catholic Church* (CCC) teaches that hope "responds to the aspiration to happiness which God has placed in the heart of every man" (CCC, 1818). It strengthens us to persevere through difficulties and keeps our hearts fixed on God. Here are three ways to renew and strengthen hope:

Shift your focus: Do not allow past regrets, future fears, or present worries to dominate your thoughts. Read the daily Gospel before the news. When you catch yourself worrying or dwelling on negativity, intentionally redirect your mind toward God's promises. Keep encouraging Scripture verses

— such as Romans 8:37 — visible on your phone, mirror, or coffee maker as reminders of hope throughout the day.

Fight temptation with the opposite virtue: In the spiritual life, virtues overcome vices. Counter doubt with acts of faith, complaints with gratitude, and comparison with encouragement and appreciation for others.

Become a source of hope: Build others up rather than focusing on faults. Frequently ask, "What can I do to improve this situation?" Christian hope is not blind optimism, but confidence in Christ, the One who is "*Faithful and True*" (Revelation 19:11).

from Scripture

Matthew 10:37-42, The priorities of discipleship

In this Gospel passage, Jesus speaks clearly about the demands of discipleship. At its heart is the question of priorities. For the early Christians, following Christ often meant risking imprisonment, persecution, or even death. To belong to Jesus required complete trust and surrender because only God is worthy of first place in our hearts and lives.

Faithful Catholic life still carries challenges today. Much of what Christ and His Church ask of us runs counter to the values of secular culture. Even apart from worldly pressures, each of us carries personal crosses —

struggles, sacrifices, disappointments, and suffering. Yet Jesus never asks us to carry them alone. He invites us to follow Him and to walk beside Him through them.

The good news is that Jesus has already gone before us — from suffering to glory, from death to eternal life, and from sorrow to joy. Because of Him, our crosses are no longer meaningless. With His grace, we can choose each day to remain faithful, keep His commandments, and abide in His love. One day, in Heaven, we will see clearly that every sacrifice made for Christ was worth it.

Q Why do we honor & Mary's Immaculate Heart?

In the month of June, the Church honors the Immaculate Heart of Mary because of her unique relationship with Jesus and her faithful cooperation in God's plan of salvation.

"Behold, I am the handmaid of the Lord" (Luke 1:38). At the Annunciation, Mary freely consented to become the Mother of God's Son. From the moment *"the Word became flesh"* (John 1:14) in her womb, her Immaculate Heart was united completely to the Heart of Jesus in love, trust, and obedience.

"A sword will pierce your own soul" (Luke 2:35). Although Mary was free from sin, she was not spared suffering. Simeon's prophecy points to the deep sorrow she endured as she accompanied Jesus through His Passion and crucifixion. Mary teaches us how to trust God even in suffering and uncertainty.

"My Immaculate Heart will triumph." These words, associated with Our Lady of Fatima, echo God's promise of victory over evil. As Mother and Queen, Mary shares uniquely in her Son's triumph. When we, too, say "yes" to God's grace, Christ's victory becomes our own.

Feasts & Celebrations

June 4 – St. Francis Caracciolo (1608). St. Francis was born in the Abruzzo region in Italy. He went on to found the Clerics Regular Minor with Venerable John Augustine Adorno. The Order was approved in 1588, and St. Francis became its superior for life.

June 7 – Solemnity of Corpus Christi. On this solemnity, we celebrate the transformation of the bread and wine into Jesus' Body and Blood in the Holy Eucharist. This solemnity was established by Pope Urban IV in 1264 in response to the need for a Eucharistic feast day.

June 12 – Solemnity of the Sacred

Heart (1856). St. Margaret Mary Alacoque received visions of Jesus, who urged her to spread public devotion to the Sacred Heart. The image of Jesus' Heart, pierced and enthroned in unquenchable flames, reminds us of His intense and eternal love for us.

June 15 – St. Germain of Pibrac (1601). Born to poor parents near Pibrac, France, St. Germaine had a deformed hand, suffered from sores on her neck, and was sickly from neglect and abuse. Despite her sufferings, she found comfort in God's presence. She was generous with the poor despite her own poverty. She forgave her stepmother who badly mistreated her. She is the patroness of abuse victims, people with disabilities, and shepherdesses.

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Meditaciones breves

San Paulino de Nola

San Paulino provenía de una rica familia romana. Fue un abogado famoso, con una excelente educación, y se casó con una mujer de la nobleza española. Todo cambió con la muerte de su hijo recién nacido. San Paulino pidió el Bautismo y, posteriormente, él y su esposa vendieron sus propiedades y se trasladaron a Nola, Italia, donde se dedicaron a una vida de austeridad y obras de caridad.

Por aclamación popular, San Paulino fue elegido Obispo de Nola, gobernando con sabiduría y generosidad. Murió en el año 431, dejando como legado numerosos tratados, cartas y poemas.

El amor del Sagrado Corazón

«El tierno corazón de Dios pensó en [ti], te amó y procuró para [ti] mil medios de salvación, como si no hubiera existido otra alma en el mundo... Así como el sol ilumina una parte de la tierra y la alumbra no menos que si brillara únicamente sobre ella, así también nuestro Señor ha pensado y cuidado de todos sus amados hijos, como si toda su atención estuviera completa y exclusivamente centrada en cada uno de ellos.»

— San Francisco de Sales

«Ya no soy yo quien vive, sino que es Cristo quien vive en mí; y la vida que ahora vivo en la carne, la vivo por la fe en el Hijo de Dios, que me amó y se entregó a sí mismo por mí» (Gálatas 2:20).

Las Bienaventuranzas: la visión de Cristo para el corazón humano

En el Sermón de la Montaña, Jesús reveló el modelo de Su Sagrado Corazón: las actitudes, prioridades y la manera de amar que dieron forma a Su vida. Estas se convirtieron en las Bienaventuranzas: disposiciones interiores que abren nuestro corazón a Su gracia. A medida que cooperamos con esa gracia, nuestro corazón se transforma gradualmente para parecerse cada vez más al Suyo.

Pobres de espíritu: Esto no se refiere a la pobreza material, sino a la humildad espiritual. Los pobres de espíritu reconocen que los tesoros del cielo — la paz, la gracia, el amor, la amistad y la vida eterna — valen mucho más que el éxito o las posesiones terrenales.

Los que lloran: En lugar de distraernos del dolor, la soledad o la decepción, llevamos nuestro corazón herido honestamente ante Dios. La sanación comienza cuando le permitimos consolarnos.

Mansos: La mansedumbre no es debilidad, sino fortaleza basada en el dominio propio y la confianza en Dios. Cuando nuestra seguridad descansa en Él, somos menos dominados por el miedo, la ira o la necesidad de controlar todo lo que nos rodea.

Los que tienen hambre y sed de justicia:

Es un profundo deseo de vivir en amistad con Dios y de crecer cada día en santidad.

Misericordiosos: Dios nos ama con un amor tierno, generoso y desinteresado, y nos llama a extender esa misma misericordia a los demás.

“Revístanse, pues, como escogidos de Dios, santos y amados, de entrañable misericordia, de bondad, humildad, mansedumbre y paciencia, soportándose unos a otros” [Colosenses 3:12].

Limpios de corazón: La pureza de corazón significa dirigir nuestra mente y nuestros deseos hacia lo que es verdadero, santo y bueno, esforzándonos por vivir con sinceridad e integridad.

Pacificadores: Los pacificadores llevan calma, claridad y reconciliación a las situaciones difíciles. La verdadera paz llega cuando Dios ocupa el primer lugar.

Dispuestos a sufrir por Cristo: La fidelidad a Cristo a veces traerá incompreensión u oposición. Sin embargo, Jesús promete que quienes perseveren con valentía y confianza “tendrán una gran recompensa en el cielo” (Mateo 5:12).

¿Por qué hacen eso los católicos?

¿Por qué la Iglesia necesita cardenales?

Los cardenales forman parte de la estructura de gobierno de la Iglesia y son conocidos principalmente por elegir a un nuevo Papa durante un cónclave. Son obispos especialmente escogidos — o “creados” — por el Papa para desempeñar esta importante función.

Tradicionalmente, los cardenales eran seleccionados únicamente entre el clero de Roma. Hoy, debido a que la Iglesia está

presente en todo el mundo, los cardenales son elegidos de diócesis de distintos países. Para conservar su vínculo histórico con Roma, a cada cardenal se le asigna una iglesia titular en esa ciudad.

Los cardenales visten ornamentos de color escarlata, incluyendo el solideo rojo y la birreta, símbolos de su disposición a defender y difundir la fe, incluso hasta derramar su propia sangre si fuera necesario.

La esperanza lo cambia todo

La esperanza nos ayuda a desear el Cielo y a confiar en las promesas de Dios. *El Catecismo de la Iglesia Católica* (CIC) enseña que la esperanza «responde al anhelo de felicidad que Dios ha puesto en el corazón de todo ser humano» (CIC, 1818). Nos fortalece para perseverar en medio de las dificultades y mantiene nuestro corazón firme en Dios.

Aquí hay tres maneras de renovar y fortalecer la esperanza:

Cambia tu enfoque: No permitas que los arrepentimientos del pasado, los temores del futuro o las preocupaciones del presente dominen tus pensamientos. Lee el Evangelio del día antes de leer las noticias. Cuando te sorprendas preocupándote o concentrándote en lo negativo, dirige intencionalmente tu mente hacia las promesas

de Dios. Mantén versículos alentadores de la Sagrada Escritura, como Romanos 8:37, visibles en tu teléfono, espejo o cafetera para recordarte la esperanza a lo largo del día.

Combate la tentación con la virtud opuesta: En la vida espiritual, las virtudes vencen a los vicios. Contrarresta la duda con actos de fe, las quejas con gratitud y la comparación con palabras de aliento y aprecio hacia los demás.

Conviértete en una fuente de esperanza: Edifica a los demás en lugar de concentrarte en sus defectos. Pregúntate con frecuencia: «¿Qué puedo hacer para mejorar esta situación?». La esperanza cristiana no es un optimismo ciego, sino una confianza firme en Cristo, Aquel que es «Fiel y Verdadero» (Apocalipsis 19:11).

de las **E**scrituras

Mateo 10:37-42, Las prioridades del discipulado

En este pasaje del Evangelio, Jesús expone las exigencias del discipulado en términos muy claros. En primer lugar, está la cuestión de las prioridades. Para los primeros cristianos, ser cristiano era ilegal y el castigo podía ser la prisión o algo peor. Ser seguidor de Jesús significaba literalmente arriesgarlo todo. Puesto que Él es Dios, solo Él merece ocupar el primer lugar en nuestro corazón y en nuestra vida.

Ser un católico fiel en la actualidad también tiene sus desafíos. Mucho de lo que Cristo y la Iglesia nos piden va en contra de lo que la cultura secular

aprueba. Incluso dejando de lado las tentaciones del mundo, todos tenemos cruces que cargar. Seguir a Cristo implica tomar nuestra cruz, nunca solos, sino siempre con Él.

La buena noticia es que, porque Jesús pasó primero de la muerte a la vida eterna, del sufrimiento a la gloria y de la tristeza a la alegría, ahora nosotros también podemos hacerlo con Él. Cada día, con su gracia, podemos elegir guardar sus mandamientos y permanecer en su amor. En el Cielo veremos con claridad que todo valió la pena.

P & R

¿Por qué honramos el Inmaculado Corazón de María?

En el calendario de la Iglesia, la Solemnidad del Sagrado Corazón de Jesús es seguida muy de cerca por la Memoria del Inmaculado Corazón de María. La Iglesia honra a María por su relación única con Jesús y por su fiel cooperación en el plan de salvación de Dios.

«He aquí la esclava del Señor» (Lucas 1:38). En la Anunciación, María consintió libremente en convertirse en la Madre del Hijo de Dios. Desde el momento en que «el Verbo se hizo carne» (Juan 1:14) en su seno, su Inmaculado Corazón quedó completamente unido al Corazón de Jesús en amor, confianza y obediencia.

«Y a ti misma una espada te atravesará el alma» (Lucas 2:35). Aunque María fue preservada del pecado, no estuvo exenta del sufrimiento. La profecía de Simeón señala el profundo dolor que soportó al acompañar a Jesús durante su Pasión y permanecer fielmente al pie de la Cruz. María nos enseña a confiar en Dios incluso en medio del sufrimiento y la incertidumbre.

«Mi Inmaculado Corazón triunfará». Estas palabras, asociadas con Nuestra Señora de Fátima, hacen eco de la promesa de Dios de la victoria sobre el mal. Como Madre y Reina, María participa de manera única en el triunfo de su Hijo. Cuando seguimos su ejemplo y decimos «sí» a la gracia de Dios, la victoria de Cristo también se convierte en nuestra victoria.

Fiestas y celebraciones

4 de junio – San Francisco Caracciolo (1608). San Francisco nació en la región de Abruzzo, Italia. Más tarde fundó los Clérigos Regulares Menores junto con el Venerable Juan Agustín Adorno. La Orden fue aprobada en 1588 y San Francisco fue elegido su superior de por vida.

7 de junio – Solemnidad del Corpus Christi. En esta solemnidad celebramos la transformación del pan y el vino en el Cuerpo y la Sangre de Jesús en la Sagrada Eucaristía. Esta solemnidad fue establecida por el Papa Urbano IV en 1264 en respuesta a la necesidad de una fiesta dedicada especialmente a la Eucaristía.

12 de junio – Solemnidad del

Sagrado Corazón de Jesús (1856). A finales del siglo XVII, Santa Margarita María de Alacoque comenzó a recibir visiones de Jesús, quien la exhortó a difundir la devoción pública al Sagrado Corazón. La imagen del Corazón de Jesús, traspasado y rodeado de llamas inextinguibles, nos recuerda su amor intenso y eterno por nosotros.

15 de junio – Santa Germana de Pibrac (1601). Nacida de padres pobres cerca de Pibrac, Francia, Santa Germana tenía una mano deformada, sufría llagas en el cuello y padecía una salud frágil debido al abandono y al maltrato. A pesar de sus sufrimientos, encontró consuelo en la presencia de Dios. Fue generosa con los pobres a pesar de su propia pobreza y perdonó a su madrastra, quien la trató cruelmente. Es patrona de las víctimas de abuso, de las personas con discapacidades y de las pastoras.

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